

Bachelor's thesis discusses burnout syndrome problematics of the Rýmařov region's social services employees, who work with seniors. Aim of this work is to map out the frequency and degree of burnout affecting social services employees in Rýmařov region. Additionally, thesis considers factors (personal and working conditions) probably involving or affecting creation and development of employees' burnout syndrome. Thesis consists of two parts – theoretical and practical. Theoretical part of the work analyzes definition of the burnout syndrome, its symptoms, stages, associations with other psychical effects, risk factors, which plays crucial role during syndrome's formation, and last but not least, possibilities of help and burnout syndrome's prevention. Also, thesis shortly describes characteristics of the work with seniors and social services. Practical part includes processing of the structured survey containing two parts: first part focuses on getting personal information and details about social services employees' working environment, second part is MBI survey (Maslach Burnout Inventory), which identifies degree of burnout in three scales: emotional exhaustion, depersonalization and personal accomplishment